



Bodmin Hospital League of Friends

Newsletter

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Issue 10 Series 2 – October 2020

Great news! If you can't shop locally, Amazon Smile have added Bodmin Hospital league of Friends to their charities, so, when buying anything on Amazon, go to this link: smile.amazon.co.uk choose our charity and 0.5% of your purchase price will go to BHLF



AmazonSmile

What a strange year this has been with all the Covid 19 restrictions in place. The committee have missed seeing each other for our monthly committee meetings and getting together to fundraise. We have continued, throughout the summer, to hold our 'arms length' meetings by email, telephone and correspondence. In September we decided we could get back to actual meetings commencing in October and had booked the Lanivet One For All Community Hall for this as our normal meeting room in the hospital would have been too small to socially distance – then, a couple of weeks before the meeting was to be held, the 'Rule of Six' came in and scuppered our plans – so we are continuing to hold 'arms length' meetings.

We have had a few requests from the staff of the hospital for funding, but not many, and we just want to remind them that we are here to help in any way we can. They are still able to contact us and make their requests for funding - we will be only too pleased to

hear from any of them.

The following is a message from Our Chairman, Susie, to the staff at the hospital: "In these exceptional times owing to the Coronavirus pandemic, we would like to thank the staff of the whole community that makes up Bodmin Hospital, in whatever role is performed. Bodmin Hospital League of Friends' most heartfelt thanks and deep gratitude to everyone at the hospital coming together, as always, to work as best they can for the welfare of the patients in their care. We send our warmest best wishes and love to the staff of Bodmin Hospital and say how much we are all looking forward to getting back to normal one day, however long that takes."

We have had wonderful support from the community. In the last newsletter it was mentioned that Iceland Foods, Bodmin, had nominated BHLF as their Charity of the Year; Eclipse Night Club donated Easter Eggs to the wards; Hawkins Motors, Mid Cornwall Brokers and R J Bray & Son sent donations



Well, obviously, we don't have pictures of any current activities to share with you, so we go back in time to Summer of 2017 when Vic Luke led us on one of his wonderful sponsored walks, this time, as you can see, starting off in Padstow and out to Stepper Point, raising valuable funds and having such a great time in doing so.

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in lieu of fete sponsorship for which we were extremely grateful. Also several other donations have been received, one in memory of a loved one and others from friends.

In July were contacted by the owner of the restaurant at No 4 Honey Street offering a very generous discount to all staff at Bodmin Hospital during August and September.

Committee News

Sadly, in June, we learned of the passing of Dr Peter Cox, who had been a stalwart on our committee, and our deepest sympathy goes to his wife Val.

Annual General Meeting

The AGM, scheduled for 19th November, 2020 at Lanivet Community Hall has been cancelled as the Chairman and the Trustees have decided that, owing to the continuing pandemic of the Coronavirus, it should not take place. The Chairman's Report and the Treasurer's Report will be filed and the committee will continue as is.

Forthcoming events

Alas the Bodmin Lions Christmas Fair has been cancelled.

We are hoping to be able to lay a Wreath in Bodmin for Remembrance Sunday

We understand the Christmas Tree Festival in St Petrocs Church will go ahead and we are hoping to be allocated a tree to share with another local group.

It looks as if we will be unable to sing Christmas Carols around the wards, but we will, of course, be allocating funds to purchase a Christmas present for every patient in the hospital.

We have earmarked 26th June 2021 for our next Fete – fingers crossed!

Purchases made for the hospital

Over the past year we agreed to the following funding for the hospital:

In January 2019: £663.16 for a dressings cabinet in MIU – this is the 4th such cabinet we have funded for MIU.

In February: £650.03 for materials to refurbish the Healing Garden which BHLF had funded originally in 2008 and £549 for Out Patient's Department for 2 care tray trollies.

In March: £360 for 6 taster sessions with a fitness instructor for patients on Bowman Ward and £4,533.60 for 2 Sorrento Chairs for Harbour Ward.

In April: £500 for a 10 foot mural to be painted for Fletcher Ward by artist Jordan Lauder, together with some canvasses, the idea being to inspire patients with discharge/hopeful/positive messages – we have since heard that these paintings, displayed in the corridors of the ward, have been very much appreciated.

In May: £860 for Fettle Ward to purchase an outdoor table tennis table and create an outside boules area; also £160 to purchase eight MP3 players for Harbour and Anchor Wards – we had previously agreed to a

similar purchase which had been so popular that they wanted more patients to benefit.

In July: a further £3,240 for 6 months of coaching sessions with a fitness instructor for Bowman Ward, the taster sessions in March having been so successful. After 6 months it is hoped that members of staff will be able to take over the coaching.

In October we agreed to add £120 to fund 4 Breathing, Space, Dance and Movement workshops for Fletcher Ward – these workshops are subsidized by Arts Council Funding

In January 2020 we approved £1716 for an Oxford Journey Stand to aid mobility for Harbour Ward.

In February '20: £1059.60 for slings to use with various hoists used on the Woodfield Stroke Unit and Anchor Ward.

Additional Slings for the Oxford Journey Stand for Harbour Ward £900

In March'20 we agreed to £150 to purchase two large canvases from Whistlefish for the Pink Room on Fletcher Ward

In April '20 at our arms length meeting we agreed to £400 to purchase computer equipment to enable patients to develop computer skills.

In May '20 we agreed to £100 to supply a Food Hygiene Certificate Course for ten people on Bowman Ward which would be a great boost to the patients and something they could take with them on discharge.

In July '20 we agreed to funding of £2922.57 to convert a shower room into a store room on Anchor Ward

If you would like to be involved and/or help at any of our events, once we are able to hold them again, we would be hugely grateful. Just drop me an email, phone or complete the form below – we're a very friendly bunch and, we feel, fill an important role – raising money to buy services and equipment not supplied by the NHS for OUR LOCAL hospital. It would be wonderful to be able to recruit some 'younger blood' to the committee.

And - most importantly - a huge thank you to everyone, both private individuals and all the local businesses and clubs who help and/or contribute in any way – without you we could not function.

Best wishes and stay safe

Ann

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